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## Principal's Corner



Dear Parents,

October was quite an eventful month! Our PTA had numerous successful events that included Fall Festival, Reflections, Walk to School Day, the Sally Foster fundraiser, and Red Ribbon Week. Mountain View parents and committee chairs worked hard to make these events great. Many volunteers also helped to make these events spectacular. Also, our Foundation President, Barry Wolfert, is working diligently to get Foundation donations in order to KEEP our full-time computer lab teacher. Cobb County School District does NOT fund such a position for elementary schools, and it is important for those of you who have not donated to the Foundation, to strongly consider doing so soon.

This month, please join your children for Thanksgiving lunches. These will be held Nov. 10 for Kindergarteners and fourth graders; Nov. 11 for fifth and second graders; and Nov. 12 for first and third graders. Teachers will send home a note with specific classroom lunch times. In addition, students will be out of school for Thanksgiving break from Nov. 23 to 27.

As you share a week of family time at the end of the month, please consider 10 ways in which words can enrich family life. These come from a book that I love,

### *Positive Words, Powerful Results by Hal Urban.*

1. Model the language you want your children to use.
2. Read to your children.
3. Have a meaningful conversation - parents need to make face-to-face, meaningful conversation a high priority.
4. Ask good questions. Instead of asking, "Did you learn anything today?" ask, "What was the best thing that happened to you today?" This question will garner better results, and you will probably find out what was learned.
5. Celebrate the day at the dinner table.
6. Catch your kids doing something right.
7. Correct gently.
8. Use and teach the magic words "please" and "thank you." For hundreds of years, these magic words, along with other terms of courtesy, were taught and modeled in virtually every home. This began to change in the mid -1960s for a variety of reasons. While good manners are still stressed by many parents, it is no longer assumed that most children are learning them in the home.
9. Write a family mission statement about words in the home: a brief declaration of purpose that helps keep its members focused and reminds them of their responsibilities.
10. Schedule a family night, and keep in mind four simple rules:
  - a. Have it the same time and day each week.
  - b. Hold family night even if a family member is absent.
  - c. Make sure it is at least one hour long.
  - d. Ensure conversation takes place during the activity.

As always, thanks for what you do for me and the staff at Mountain View Elementary. I appreciate each of you!

Angela M. Huff, Principal

## Calendar

- ❖ **Nov. 2-6:**  
Community Kids Club's Candy Collection.
- ❖ **Nov. 3:**  
Student Holiday, NO SCHOOL
- ❖ **Nov. 4:**  
Community Kids Club, 2:30-3:30 p.m.
- ❖ **Nov. 5:**  
Domino's Pizza Night
- ❖ **Nov. 10-12:**  
Parent-student Thanksgiving lunches
- ❖ **Nov. 12-19:**  
Community Kids' Club "Thanks for Giving" food drive
- ❖ **Nov. 13:**  
Chick Fil-A biscuits for sale. PTA Board meeting and Foundation update, 10 a.m. All welcome
- ❖ **Nov. 14:**  
Husky Foundation Holiday Shop, 10-3pm, Hightower Trail Middle School
- ❖ **Nov. 19:**  
Chick Fil-A night, Sprayberry Chick Fil-A, 5 to 8 p.m.
- ❖ **Nov. 23-27:**  
Thanksgiving Holidays, NO SCHOOL
- ❖ **Dec. 12<sup>th</sup>:**  
Sleigh bells on the Square Holiday Run, downtown Marietta

## PTA Presidents' Message

Dear Mountain View Families,

As we roll into November, we continue to be amazed at the willingness of our families to give of themselves to make our school great! Here are some recent examples of such overwhelming efforts:

### *Sally Foster Fundraiser*

Despite tough economic times, our families stepped up to buy and sell the fabulous Sally Foster products, raising more than \$16,000 for our school. As you may know, this fundraiser provides the greatest portion of our annual PTA budget. Your participation allows us to fund all of our committees and their programs, and to provide the curriculum support to each grade level and specialty area. A special thanks goes to Laurie Dirksen for coordinating the Sally Foster sales program, including putting together fliers, calculating and distributing prizes, receiving and processing orders, and distributing the products. This was an extraordinary effort, so please join us in thanking Laurie when you see her.

### *Fall Festival*

We had an enormous turnout for the Fall Festival on Oct. 2. People of all ages enjoyed the games, pony rides, petting zoo, cake walk, western costume contest, chili cook-off, the teachers' "jail," and dancing in the gym. We were also lucky to have the wonderful craft show vendors to sell their wares. Special thanks go to Carey DeLucca and Jeannine Brock for planning and coordinating the unique event. These ladies produced creative fliers, secured the vendors, worked hard to coordinate the space requirements, and organized volunteers for the evening. Please make an effort to thank them.

In conjunction with the Fall Festival, the Fifth-Grade committee successfully raised money by selling food from Chick fil-A, Domino's Pizza, Rita's, candy at the General Store, and popcorn. Please help us thank the entire committee, especially chairs and event helpers: Lucy Crabtree, Rebecca Helms, Susan Tucker and Gillian Hicks. Thanks also to the fifth-grade students who sold food!

### *Book Fair*

The Scholastic Book fair kicked off the evening of the Fall Festival and ran through the subsequent week. Joyce Quinet worked closely with Carol McDonald from the media center to coordinate volunteers to work during book fair hours, and to set up and break down the event. The result was an enormous success. Thanks to Joyce and those of you who volunteered time and who purchased books and other items to support our school.

### *Walk to School Day*

Despite last-minute maneuvering to avoid the rain, we had 396 students (49 percent of enrollment), plus 150 adults and siblings participate in this event. Thanks for participating and helping to make this a success. Special thanks to Ben West and his helpers for making this a much-anticipated student event!

These examples do not include all the hard work being done everyday by the school store volunteers, the copying committee volunteers, the room parents and coordinators, and others! As you can see, we are fortunate to have such a great school community. Thank you again for your time and participation!

Susan Bain and Joann McClure, co-presidents

## Upcoming Events

### *Calendar of Events*

- Nov. 2-6: Community Kids Club's Candy Collection. Donation to local cancer centers
- Nov. 3: Student Holiday, NO SCHOOL
- Nov. 4: Community Kids Club, 2:30 to 3:30 p.m., cafeteria (link to article below)
- Nov. 5: Domino's Pizza Night
- Nov. 10-12: Parent-student Thanksgiving lunches, cafeteria
- Nov. 12-19: Community Kids' Club "Thanks for Giving" food drive (link to article below)
- Nov. 13: Chick fil-A biscuits for sale before school, proceeds benefit Relay for Life
- Nov. 13: PTA Board meeting and Foundation update, Media Center, 10 a.m. All welcome
- Nov. 14: Husky Foundation Holiday Shoppe, 10 a.m. to 3 p.m., Hightower Trail Middle School
- Nov. 19: Chick fil-A night, Sprayberry Chick fil-A, 5 to 8 p.m.
- Nov. 23-27: Thanksgiving Holidays, NO SCHOOL
- Dec. 12: Sleigh Bells on the Square Holiday Run, downtown Marietta (link to article below)

### *Husky Foundation Hosts Holiday Shoppe*

Shop for friends and family at the Hightower Trail Middle School Husky Foundation's Annual Holiday Shoppe, to be held in the middle school on Nov. 14. The event is planned for 10 a.m. to 3 p.m. and promises unique gifts, crafts and food galore! Hightower is located at 3905 Post Oak Tritt Road, Marietta.

If you are interested in becoming a vendor, you can download the form or contact Debbie Gaynor at [gaynor8@att.net](mailto:gaynor8@att.net).

### *Don't Cook: Eat Chicken!*

Enjoy a break from cooking and go to the Sandy Plains Chick fil-A night on Thursday, Nov. 19th. Don't forget to identify yourself as a Mountain View family when placing your drive-through order. When dining in, please say you are from Mountain View and then drop your receipt in the red box at the counter. Proceeds go to the fifth-grade class gift and graduation ceremony.

### *5K Run Benefits Cobb Families in Need*

Join other runners and walkers for the annual Sleigh Bells on the Square 5K Run/Walk, benefiting needy families served by Cobb County social workers. The event will be held the morning of Dec. 12. Freebies and awards will be given to the schools with the greatest number of participants.

## PTA News

### *State PTA Adopts New Legislation*

The Georgia PTA Board of Directors recently adopted the following legislative priorities. These priorities are posted on the Georgia PTA website, and a brochure will be available soon.

#### Funding:

- Support public K-12 schools with adequate state funding, reflective of the actual costs of providing the state-defined services. Support equitable distribution of state funding to K-12 schools, currently calculated on property tax wealth in each school system.
- Support using public funds for public schools only. Oppose efforts to use public funding for private or sectarian schools.
- Health and Wellness:
  - Encourage members to participate in their local school wellness initiatives and to assist in the development and implementation of local School Wellness Policies.
  - Promote and encourage healthy school fundraising.
  - Support passage of legislation that improves healthy lifestyles for children.
- Legal Education:
  - Work with local school boards and school systems to infuse information about laws affecting Georgia teens into required curriculum at middle and high schools; and encourage school PTAs to develop and implement a legal education program to inform students about their rights.
  - Support passage of juvenile justice code revisions at the state and national level.

Please note: Mountain View Elementary School PTA neither supports nor opposes the same issues that the Georgia PTA (or East Cobb County PTA) does. However, as a member of PTA, we can not publicly contradict an official stance.

For more information, please contact JoEllen Smith, Mountain View PTA's legislation committee chairperson, at [jedlee@mindspring.com](mailto:jedlee@mindspring.com).

## Foundation Update

Thank you parents, teachers, and other Mountain View staffers for supporting the Mountain View Foundation. We have raised \$25,000, which is half of our \$50,000 school-year goal. The Foundation aims for at least 75 percent of our families to participate. So far, only one-fifth of the families have donated toward our much-needed Foundation. We need YOU involved, regardless of your donation. Any amount is appreciated! Please visit our website at [www.mtnviewfoundation.org](http://www.mtnviewfoundation.org) for more information and to print a donation form. Did you know that Cobb County does not provide funding for technology teachers? Our full-time computer lab teacher, Mrs. Newhouse, is funded entirely by the Foundation donations. If the Foundation does not meet its goal, we will cut back her hours to part time at best; and eliminate the position at worst. Nobody wants to see this happen! Please make your tax-deductible donation now, and check with your company to see if it offers a corporate match.

Thanks to the following families, teachers and staff who have donated to the Foundation this school year:

Adams	Cody	Gilormo	Lee	Pierce	Tan
Alexander	Conn	Goodwin	Lehman	Pierson	Tisdale
Bain	Conner	Hallberg	Levitt	Plugge	VanDeusen
Basset-	Cooper	Helms	Lim	Quinet	Vickrey
Preston	Crispo	Hicks	Lundhagen	Reardon	Waldner
Bergeron	Cushman	Holland	Marinko	Rodebaugh	Waldron
Berman	Davis	Holton	Marques	Ryley	Warchol
Biggs	DeLucca	Howard	McRight	Schuller	Weber
Bowman	DeMouey	Hubbard	Milman	Schwartz	Weiner
Burns	Devore	Huff	Morrison	Shen	West
Burtzlaff	DiSalle	Isaac	Natkin	Shutt	Whitworth
Callaway	Dunlap	Jacobs	Nemerov	Simpson	Wieskopf
Carlson	Edwards	Janas	Northrup	Smith	Wilson
Carlson	Edwards	Johnson	O'Donnell	Snowden	Wohlert
Casbon	Eman	Kanwisher	Ogden	Steele	Wolfert
Cherrington	Fitzharris	Keller	Paine	Steinberg	Wyman
Chisholm	Flatt	Kight	Paon	Stinson	
Clark	French	Lamme	Patel	Stippich	
Clatterbaugh	Gentile	Lang	Pearlberg	Stone	
Clemens	Gibbs	Lebish	Pellizzi	Tallman	

## General Information

### *Seeking Memory Book Photos*

Say Cheese! The Mountain View Memory Book is online, and we want you to submit all your great pictures from events throughout the school year. Your school-related photos will be used to create the 2009-2010 Memory Book, so it's an easy way to include photos from your class activities, of your children and their friends, and of those special times at Mountain View.

Upload your favorite shots by going to <https://images.jostens.com/login> and follow the prompts. You will need to enter username "400006265" followed by password "photo." For questions, e-mail Katey Crispo at [kate@crispo.net](mailto:kate@crispo.net)

### *Book Fair a Success*

Special thanks to all parents, students, teachers, and volunteers who supported our Fall Scholastic Book Fair. This year's successful event brought in more than \$12,000 in books and related items. Our school library will receive a percentage of these funds to purchase new books and support the Accelerated Reader (AR) program. Thank you again!

Carol McDonald, Media Center

Joyce Quinet, Book Fair committee chair

### *Parent Surveys Coming Soon*

The Parent/Family Involvement committee will soon send home surveys that will help the committee sponsor events that the parents want. Look for them in your child's folder this month.

### *Save Your Capri Sun Pouches*

Start saving your Capri Sun pouches for a new recycling program starting this fall. The Environment/Ecology committee will send more information regarding the program soon. Our school will receive two cents per pouch.

### *Box Tops Prizes Awarded to Students*

If your child has submitted box tops this year but has not received a prize, please have him or her visit the school store on Friday mornings from 7:20 to 7:55 a.m. to pick out a prize. All students who turned in at least 25 box tops this year earn a prize. Another way our school can earn Box Tops money is for to register at <http://www.boxtops4education.com/one/default.aspx>. Once you sign up, the school will earn 5 Box Tops points per person. Please participate!

## *School Cookbook Ready in December*

Mountain View Cookbook Update: The Mountain View cookbook contains 400 recipes and will be available by year-end for \$12. Thank you to all of the parents, students and teachers who submitted recipes.

## *Lion's Den Stocks New Items*

Mountain View's school store, The Lion's Den, is running smoothly thanks to our wonderful volunteers and loyal shoppers. New merchandise is stocked frequently to take care of all your child's school needs. Look for fun, new merchandise in the coming weeks. Items range from jelly head and skateboard key chains to bead rings and bracelets to funny face and knitted sport bean bags. However, we are most excited about the water bottles bearing our school name and mountain lion logo! These water bottles make great birthday presents or stocking stuffers.

As the holidays approach, stop by the store to purchase uniquely designed holiday greeting cards crafted by our Art Club. Thank you to Mrs. Armstrong for her assistance in this project! Amy Fitzharris and Jay Wilson, co-chairs

## *Community Kids Club Collects Candy*

Remember to donate your extra Halloween candy to the Community Kids Club. This Mountain View club is collecting candy that will be given to children in local cancer centers. Look for the bins in the hallways.

Community Kids Club welcomes third- through fifth-grade students. It meets from 2:30 to 3:30 p.m. the first Wednesday of each month in the cafeteria. Members participate in community services projects that benefit people in need. Contact Shayna Peiken at [shaynapeiken@bellsouth.net](mailto:shaynapeiken@bellsouth.net) for questions.

## *Wordly Wise Books Purchased*

Thank you parent Carey DeLucca for coordinating the purchase of the *Wordly Wise* vocabulary books for several fifth-grade classes. Carey negotiated a great deal with the publisher and worked with Foundation President Barry Wolfert to coordinate the sale of the books to the students.

## *Committee Gains Co-Chair*

Parent Jeannine Brock has agreed to help co-chair the Fifth-Grade committee. She joins Lucy Crabtree, Carey DeLucca, Rebecca Helms, and Susan Tucker.

## *Fifth-Grade Mountain View Masters Seeks More Artists*

Art teacher Maureen Armstrong would like for a few more committed and enthusiastic fifth-grade students to join the Mountain View Masters Art Club. The Art Club meets from 2:30 to 4:00 p.m. every Tuesday until the CRCTs begin in April. In addition to helping paint a mural in the Kindergarten wing, members of the Art Club are creating greeting cards, available for purchase in The Lion's Den. Interested students should ask Mrs. Armstrong for an application.

## *Specialist Teacher Blogs*

Get up-to-date information on happenings in art, music, and physical education by viewing the specialist teachers' blogs. Go to the school website at <http://www.cobbk12.org/MtView/> . Select the Teachers button on the left-hand side, and scroll to the last choice marked "Specialists." These blogs are updated regularly.

## *Art Fundraiser Deadline Approaches*

Don't miss out on ordering quality products made from your child's art! Orders, which are due Nov. 10, will arrive in early December - just in time for all holiday gift needs. Thirty-three percent of the proceeds will be donated to the Mountain View PTA.

New to the Mountain View is a soon-to-be created, permanent display called, "The Great Wall of Art." Participating students will leave their artistic legacy by creating a ceramic tile to be included on the Great Wall, which will be installed in the hallway. For your child's work to be included, you must purchase a tile, listed at the bottom of the order form located on the last page of your product brochure. This tile will automatically be donated to the school for installation. To see a sample of "The Great Wall," go to <http://www.square1art.com/Gallery/index.cfmInstanceID=739&step=GalleryView&GalleryCategoryID=5>

All orders are due by Nov. 10 and should be sent in an envelope marked "PTA Fundraiser." Please include your order form and check to the Mountain View PTA. Contact Faye Lebish with any questions at [FayeLebish@Comcast.net](mailto:FayeLebish@Comcast.net) or (770) 977-3996.

## **Fifth-Grade Committee News**

### *Don't Cook: Eat Chicken!*

Enjoy a break from cooking and go to the Sandy Plains Chick fil-A night on Thursday, Nov. 19th. Don't forget to identify yourself as a Mountain View family when placing your drive-through order. When dining in, please mention your Mountain View affiliation, and then drop your receipt in the red box at the counter. Proceeds go to the fifth-grade class gift and graduation ceremony.

## *School Cookbook Ready in December*

The first-ever Mountain View cookbook contains 400 recipes and will be available by year-end for \$12. Thank you to parents, students, teachers, and other staffers who submitted recipes.

## *Fun-Filled Fifth-Grade Friday the 13<sup>th</sup>*

Our next fifth-grade fun night takes place from 6 to 9:30 p.m. on Friday, Nov. 13<sup>th</sup> in the Mountain View cafeteria. While watching a movie with classmates, students will be able to purchase pizza, popcorn, and soft drinks. Cost of admission will be a canned good or food item to be donated to a local food bank for Thanksgiving.

## *T-Shirt Design Winner Announced*

Congratulations to Ebele from Ms. Isaac's class, whose winning T-shirt design will be printed on the Class of 2010 T-shirt. Her entry was chosen among finalists from all five fifth-grade classes. Ebele's T-shirt design will soon be on display in the fifth-grade hallway. Thanks to parent Caelie Rucker for heading up the creation of the T-shirt for the class.

## *Fall Festival Food Sales a Success*

Thank you, parents and students, for donating your time to serve food during the Oct. 2 Fall Festival. Our sales efforts were outstanding, and we couldn't have done it without you. A special thanks to parent/custodian Mark Cash who helped with setup and cleanup for the event.

## *Class Gift Meeting Takes Place*

An hour-long meeting was held Oct. 27 in the Media Center conference room to discuss possibilities for the fifth-grade gift to the school. Details concerning the gift will follow in December's *The Pride of Mountain View* newsletter.

## *It's Fun to Play at the YMCA*

Fifth graders will head to the Cherokee County YMCA on Nov. 4 for a team-building field trip.

## **Health & Safety Committee News**

### *Great American Smokeout Slated for November*

The American Cancer Society's Nov. 19 Great American Smokeout encourages smokers to quit for a day in hopes they may quit for good. Pharmacotherapies, behavioral therapies, and counseling are all services that can help patients quit and increase their chances of abstinence. Call 1-800-QUIT-NOW for more information.

## Healthy Helpings Recipe of the Month

### Microwave Snack Mix

#### Ingredients

- 2 (1-oz.) envelopes Ranch dressing mix
- 1/2 cup canola oil
- 3 cups crisp oatmeal cereal squares (Quaker)
- 3 cups corn-and-rice cereal
- 3 cups crisp wheat cereal squares
- 2 cups pretzel sticks
- 1 cup dried cherries or other dried fruit
- 1 cup raisins or raisins

#### Preparation

1. Whisk together Ranch dressing mix and 1/2 cup vegetable oil in a large, microwave-safe glass bowl. Stir in oatmeal cereal squares and next three ingredients.
2. Microwave mixture on high for two minutes, and stir well. Microwave on high for two more minutes, and stir well. Spread mixture in a single layer on wax paper, and let cool 30 minutes. Add cherries and raisins. Store in an airtight container up to five days.

## Character Education

### *Character Ed. Students for October: INTEGRITY*

#### Kindergarten:

Ethan Farah  
Victoria Cox  
Gabriella Hallberg  
Owen Ducey  
Dylan Cook  
Ben Shildneck  
Nilan Cooper, W.  
Mya Montejo

#### 1<sup>st</sup> Grade:

Zoe Spooner  
Nicholas Sheffield  
Amy Wolsh  
Thomas Fiala  
William O'Connor  
Sammy Cushman  
Michael Kobor

#### 2<sup>nd</sup> Grade:

Amal Lang  
Arul Beaver  
Austin Bergeron  
Liam Bolek  
Neena Babbit  
Ashu Holton  
Aidyn Edwards

#### 3<sup>rd</sup> Grade:

Shelby Tinley  
Elena Kanwisher  
Jessica Dore  
Andrew Walworth  
Taylor Stone  
Maura Simpson  
Coleman Paon  
Rachel Steele

#### 4<sup>th</sup> Grade:

Jennifer Stephens  
Kyle Cooper, H.  
Lacy Gilormo  
Max Kindel  
Rohan Wykes  
Jacob Roland

#### 5<sup>th</sup> Grade:

Joel Reardon  
Bridget Isaac  
Bella Weiss  
Hannah Osborne  
Will Stippich  
Cole Schneider

## Cafeteria Menu

NOV. 2-6 '09		MT. VIEW ELEMENTARY LUNCH MENU		
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>CHOICE OF ENTRÉE</b> Chicken Filet on Bun Or Grilled Chicken <b>OR</b> Pasta w/Meat Sauce White wheat Breadstick <b>(May Choose up to 3)</b> Green beans Caesar side Salad Pineapple Tidbits Fresh Fruit of Season Cinnamon Apples <b>OR</b> (V)Caesar Chicken Strip Salad w/ ww Breadstick <b>CHOICE OF ONE</b> Dessert of the Day OR Side Dish (from Above) <b>AND</b> Milk/100% Juice Choice</p>	<p><b>STUDENT HOLIDAY OFF NO SCHOOL</b></p>	<p><b>CHOICE OF ENTRÉE</b> Nachos Beef and Cheese <b>OR</b> Baked Breaded Chicken w/cornbread <b>(May Choose up to 3)</b> Black Beans Diced Tomato/Lett Pears Fresh Fruit in Season Juice Bar <b>OR</b> Asian Chicken/ Asian Veg Salad w/ roll <b>CHOICE OF ONE</b> Dessert of the Day OR Side Dish (from Above) <b>AND</b> Milk/100% juice Choice</p>	<p><b>CHOICE OF ENTRÉE</b> Teriyaki chick. w/stir fry rice &amp; breadstick <b>OR</b> Hamburger/ Cheeseburger <b>(May Choose up to 3)</b> French Fries Coleslaw Peaches Fresh Fruit in Season Cookie <b>OR</b> Taco Salad Veg Taco Salad <b>CHOICE OF ONE</b> Dessert of the Day OR Side Dish (from Above) <b>AND</b> Milk/100% juice Choice</p>	<p><b>CHOICE OF ENTRÉE</b> Sloppy Joe Sandwich <b>OR</b> Big Daddy's Pizza Cheese/pepp. <b>May Choose up to 3)</b> Corn Veggie Dippers Applesauce Fresh Fruit in Season Fruit Fiesta <b>OR</b> Yogurt Fruit Plate With Elf Grahams <b>CHOICE OF ONE</b> Dessert of the Day OR Side Dish (from Above) <b>AND</b> Milk/100% juice Choice</p>
NOV. 9-13 '09		MT. VIEW ELEMENTARY LUNCH MENU		
MONDAY	TUESDAY (K & 4 <sup>th</sup> )	WEDNESDAY (5 <sup>th</sup> & 2 <sup>nd</sup> )	THURSDAY (1 <sup>st</sup> & 3 <sup>rd</sup> )	FRIDAY
<p><b>CHOICE OF ENTRÉE</b> Ravioli Casserole With Breadstick <b>OR</b> Egg &amp; Cheese Omelet Swt. Pot. Cin. Pancakes <b>(May Choose up to 3)</b> Tater tots Caesar Side Salad Mandarin Oranges Fresh Fruit of Season Baked Georgia Peaches <b>OR</b> Greek/ Veg Greek Salad With Breadstick <b>CHOICE OF ONE</b> Side Dish/Dessert Items (from Above) <b>AND</b> Milk/100% juice Choice</p>	<p><b>T-GIVING DINNER CHOICE OF ENTRÉE</b> Turkey &amp; Dressing w/ gravy and roll <b>OR</b> Chicken Filet on Bun <b>(May Choose up to 3)</b> Green Beans Mashed Potatoes Fruit Medley Pineapple Tidbits Holiday Theme Cookie <b>*Note</b> those classes not eating TKGV lunch Will have sacks in their Rooms with Chicken Sand or PB&amp;J sand <b>AND</b> Milk/100% juice Choice</p>	<p><b>T-GIVING DINNER CHOICE OF ENTRÉE</b> Turkey &amp; Dressing w/ gravy and roll <b>OR</b> Corn Dog <b>(May Choose up to 3)</b> Green Beans Mashed Potatoes Fruit Medley Pineapple Tidbits Holiday Theme Cookie <b>*Note</b> those classes not eating TKGV lunch Will have sacks in their Rooms with Corn Dogs Or PB&amp;J sand <b>AND</b> Milk/100% juice Choice</p>	<p><b>T-GIVING DINNER CHOICE OF ENTRÉE</b> Turkey &amp; Dressing w/ gravy and roll <b>OR</b> Hamburger on Bun <b>(May Choose up to 3)</b> Green Beans Mashed Potatoes Fruit Medley Pineapple Tidbits Holiday Theme Cookie <b>*Note</b> those classes not eating TKGV lunch Will have sacks in their Rooms with Hamburger Or PB&amp;J sand <b>AND</b> Milk/100% juice Choice</p>	<p><b>CHOICE OF ENTRÉE</b> Big Daddy's Pizza Pepp Or Cheese <b>OR</b> BBQ Pork Sand. <b>May Choose up to 3)</b> Corn Veggie Dippers Applesauce Fresh Fruit in Season Fruit Fiesta <b>OR</b> Power Pack Veg. Power Pack <b>CHOICE OF ONE</b> Side Dish/Dessert Items (from Above) <b>AND</b> Milk/100% juice Choice</p>

Nov. 16-20 '09 MT. VIEW ELEMENTARY LUNCH MENU				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>CHOICE OF ENTRÉE</b> Chicken filet on bun Or Grilled chicken <b>OR</b> Pasta w/meat sauce &amp; ww breadstick <b>(May Choose up to 3)</b> Green beans Baby carrots Pineapple tidbits Fresh fruit in season Cinnamon apples <b>OR</b> (V)Caesar chicken strip Salad w/ ww breadstick <b>CHOICE OF ONE</b> Dessert of the Day OR Side Dish (from Above) <b>AND</b> Milk/100% Juice Choice</p>	<p><b>CHOICE OF ENTRÉE</b> Soup &amp; Sandwich <b>OR</b> Crispy chicken nuggets w/ roll <b>(May Choose up to 3)</b> Mashed potatoes Tossed green salad Mandarin oranges Fresh fruit in season Cinnamon Muffin <b>OR</b> Tuna salad or veg. chef salad w/ roll <b>CHOICE OF ONE</b> Dessert of the Day OR Side Dish (from Above) <b>AND</b> Milk/100% Juice Choice</p>	<p><b>CHOICE OF ENTRÉE</b> Tacos beef &amp; cheese <b>OR</b> Baked breaded chicken w/cornbread <b>(May Choose up to 3)</b> Black Beans Diced Tomato/Lett Pears Fresh fruit in season Juice bar <b>OR</b> Asian chick./Asian veg. salad w/ roll <b>CHOICE OF ONE</b> Dessert of the Day OR Side Dish (from Above) <b>AND</b> Milk/100% Juice Choice</p>	<p><b>CHOICE OF ENTRÉE</b> Teriyaki chick. w/stir fry rice &amp; breadstick <b>OR</b> Hamburger /Cheeseburger <b>(May Choose up to 3)</b> Cal. blend w/ cheese French fries Peaches Fresh fruit in season Cookie <b>OR</b> Taco Salad Veg. taco salad <b>CHOICE OF ONE</b> Dessert of the Day OR Side Dish (from Above) <b>AND</b> Milk/100% Juice Choice</p>	<p><b>CHOICE OF ENTRÉE</b> Sloppy Joe Sandwich <b>OR</b> Big Daddy's Pizza Cheese/pepp. <b>(May Choose up to 3)</b> Glazed carrots Corn Applesauce Fresh fruit in season Fruit fiesta <b>OR</b> Yogurt fruit plate With elf grahams <b>CHOICE OF ONE</b> Dessert of the Day OR Side Dish (from Above) <b>AND</b> Milk/100% Juice Choice</p>

NOV. 23-27 '09 MT. VIEW ELEMENTARY LUNCH MENU				
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Thanksgiving Break...School Closed

NOV. 30-DEC. 4 '09 MT. VIEW ELEMENTARY LUNCH MENU				
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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>CHOICE OF ENTRÉE</b> Ravioli Casserole With Breadstick <b>OR</b> Egg &amp; Cheese Omelet Swt. Pot. Cin. Pancakes <b>(May Choose up to 3)</b> Tater tots Sliced Tom/cucumber Mandarin Oranges Fresh Fruit of Season Baked Georgia Peaches <b>OR</b> Greek/ Veg Greek Salad With Breadstick <b>CHOICE OF ONE</b> Dessert of the Day OR Side Dish (from Above) <b>AND</b> Milk/100% Juice Choice</p>	<p><b>CHOICE OF ENTRÉE</b> Cheese Stuffed Breadstick w/ marinara <b>OR</b> Ham and Cheese Sub With Pasta Salad <b>(May Choose up to 3)</b> Corn Baby Carrots Applesauce Fresh Fruit of Season Fruit Medley <b>OR</b> Chicken Tender Salad With Multigrain Roll <b>CHOICE OF ONE</b> Dessert of the Day OR Side Dish (from Above) <b>AND</b> Milk/100% Juice Choice</p>	<p><b>CHOICE OF ENTRÉE</b> Hot Dog <b>OR</b> Chicken Soft Taco Cheese Taco <b>(May Choose up to 3)</b> Baked Breaded Okra Coleslaw Peaches Fresh Fruit of Season Juice Bar <b>OR</b> Chef Salad or Veg. Chef Salad with ww Crackers <b>CHOICE OF ONE</b> Dessert of the Day OR Side Dish (from Above) <b>AND</b> Milk/100% Juice Choice</p>	<p><b>CHOICE OF ENTRÉE</b> Big Daddy's Pizza Pepp Or Cheese <b>OR</b> Baked Potato with Beef/cheese and Roll <b>(May Choose up to 3)</b> Peas &amp; Carrots Tossed Green Salad Tropical Fruit Salad Fresh Fruit of Season Low Fat Brownie <b>OR</b> Santa Fe Salad (v) With Multigrain Roll <b>CHOICE OF ONE</b> Dessert of the Day OR Side Dish (from Above) <b>AND</b> Milk/100% Juice Choice</p>	<p><b>CHOICE OF ENTRÉE</b> Fish sticks, mac &amp; cheese and Cornbread <b>OR</b> BBQ Pork Sand. <b>(May Choose up to 3)</b> Green Beans Veggie Dippers Fruit Cocktail Fresh Fruit in Season Fruit Fiesta <b>OR</b> Power Pack Veg. Power Pack <b>CHOICE OF ONE</b> Dessert of the Day OR Side Dish (from Above) <b>AND</b> Milk/100% Juice Choice</p>

## Café Tips and Tidbits

### *Student Lunches Include Fresh Fruits and Veggies*

Did you know? We serve fresh fruits and vegetables daily from farms in Georgia and bordering states. Last month, Georgia-grown apples were featured in school cafeterias across the county. We are excited about the opportunity to highlight local products and their nutritional benefits. The local farm supplier was Mercier Orchards in Blue Ridge, GA. *Look each month for a new product to be featured in the Café News "Did You Know?" article.*